



## Getting Your Best Haircut

Many customers expect barbers to provide precision haircuts with sharp shape ups. This is not an unreasonable request; however, customers must do their part to provide the best canvas for their barber - "artist". The best canvas is a clean head of hair. That means a head that is absolutely free of grease, oil, mousse, wave gel, or any other product. Cutting hair with such products is tantamount to trying to mow wet grass. It is never going to look great.

Products like gel, mousse, grease, and moisturizers have their place. They act to control the hair, provide holding power to various styles, and even provide a healthy shine. In moderation, any of these products can enhance your look. The problem with them when you are getting a haircut is how they affect the way your hair goes through the cutting blades. Some hair products cause the hair to stick together making it difficult to cut evenly. Other products clog the clipper blades slowing down the cutting action of the blades making the haircut less precise.

Some products are used to camouflage scalp conditions like psoriasis and dandruff. It is always best to treat the underlying condition rather than to cover it up with hair products. If you have dandruff, you can first try to treat it yourself with over-the-counter products. It may be that you have a mildly dry scalp which can be a result of using the wrong type of shampoo for your hair. A moisturizing shampoo and a conditioner may be all you need. For moderate dry scalp, dandruff shampoos such as Nizoral AD or Neutrogena T-Gel can be purchased in the local drug stores. However, more severe cases (particularly psoriasis) may require a prescription from your doctor (dermatologist).

Other conditions like keloids or ingrown hairs can also be treated with over-the-counter remedies (like Kiti Kiti or Skin Tight) or may require a prescription. Your choice of haircut may be making the problem worse. If you are prone to such conditions, it is advisable not to get a skin fade or extremely close cut. Allow the hair to grow a little longer.

Remember, the best haircuts begin with a clean and dry head of hair. Wash it just prior to getting a cut or request one at the barbershop. Not only will your haircut be more even, but it will save you a lot of time in the barber's chair.

Thank you for requesting this free fact sheet. If you have other topics of interest, please send me an email. Please know that the products mentioned in this article are not the only products available to treat such conditions and they may not work for you. It is always best to consult your doctor concerning any health questions you may have.

- Angela

■ (301) 741-3402



[www.TheRazorsEdge.com](http://www.TheRazorsEdge.com)

Finishing Touch Barbershop  
St. Charles Town Center  
Waldorf, MD 20603

Angela Norwood  
Phone: 301-741-3402

E-mail: [anorwood924@yahoo.com](mailto:anorwood924@yahoo.com)